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JEWELLERY MUST BE REMOVED BEFORE ENTERING CLEAN ROOM. WEDDING RINGS TO BE COVERED WITH TAPE. MAKE UP AND NAIL VARNISH MUST NOT BE WORN IN THE CLEAN ROOM



1 Hair net – Ensure ears and all hair are covered



2 Beard snood- Persons with facial hair (beards and or moustaches etc must cover them with a snood



3 Shoe covers –
Ensure covers do not touch floor in the 'grey' area. Once first shoe is covered straddle step and cover 2nd shoe



4 Overalls – Pull overalls over clothes. Fasten all the way up. Loops on each sleeve must go over thumbs. Overalls must be replaced each week or sooner if damaaged.



5 Sterilise hands –
Ensure sterilising solution is worked into hands, front and back and between fingers



6 Gloves– Pull gloves on over sleeve and sterilise using the sterilising solution by rubbing it on front and back of hands and between fingers